

Name: _____ Date: _____

Ideas for Activities

Below are some ideas for activities that you can record with the app to explore motion. Write five of your own ideas for activities in the blank spaces.

- ★ Playing catch.
- Running or racing a friend.
- Rolling a ball.
- Playing marbles.
- Throwing paper airplanes.
- Dancing.
- Playing basketball.
- Racing toy cars.
- Gymnastics.
- Playing Frisbee.
- _____
- _____
- _____
- _____
- _____

Plan for Filming

When you go outside, you will probably come up with more ideas of activities to explore, but it’s always good to start with a plan!

All groups need to record a video of two people playing catch.

Place a star next to three additional activities listed above that you want to make sure to do while outside. There is already a star by playing catch so you won’t forget.