

Name: _____ Date: _____

Ideas for Activities

Below are some ideas for activities that you can record with the app to explore force. Write five of your own ideas for activities in the blank spaces.

- ★ Jumping Rope.
- Hopscotch.
- Tug-o-war.
- Hula hooping.
- Paddle ball or playing with a bouncy ball.
- Golf or croquet.
- Gymnastics.
- Skateboarding.
- Playing marbles.
- Pushing someone in a rolling chair.
- Dribbling a basketball.
- _____
- _____
- _____
- _____
- _____

Plan for Filming

When you go outside, you will probably come up with more ideas of activities to explore, but it’s always good to start with a plan.

All groups need to record a video of someone jumping rope.

Put a star by three additional activities that you want to make sure to do while outside. There is already a star by jumping rope so you won’t forget!